

# soulfood

BREAKFAST CLUB

Ridley  
MARKETPLACE  
INSTITUTE

presents, with the support of the Ridley Marketplace Institute...

## BUSY WOMEN'S **RETREAT** – INSPIRING RICHER **CONNECTIONS**

**JOIN US:** For a plenary session with Sally Quinn; interviews with four inspirational women; a choice of two workshops; and a lot of good food, fabulous company, and time-out from other obligations to reflect on life and look after your personal well-being.

**SATURDAY 22 OCTOBER 2016**

**VENUE:** Ridley College, 170 The Avenue, Parkville, Victoria

**TIME:** 9:45am for 10.00am – 4:30pm

**COST:** \$50 / \$30 concession (including Lunch and Afternoon Tea)

### INSPIRING RICHER CONNECTIONS WITH **OTHERS** ~ THOUGHTS FROM AN **ENTREPRENEUR**

Sally is a Co-founder and Executive Director of Green Collect, one of Melbourne's leading social enterprises in environmental sustainability and employment creation. Over the last 12 years Sally has nurtured and led Green Collect's development as a dynamic enterprise that engages over 50 people in a workplace that values and supports people facing significant barriers to employment.

Her knowledge of the social enterprise sector, hands-on experience in building an impact driven business and deep passion for inclusive employment, mean that Sally is highly regarded as a leader, mentor and colleague. Prior to this Sally worked in church youth ministry and in the community sector, and now also leads the development of Sisterkind, an enterprise recognising and building strengths in women and girls. Sally is actively involved her local community of Footscray with her husband Darren and their four children, and loves having a backyard full of many kids!



**SALLY QUINN**

At this year's Busy Women's Retreat, Sally will share her approach to leadership and relationships, and her experience of creating deeper connections. Is there a place for vulnerability and compassion in the world of work? Can we bring our whole selves to what we do, or does this compromise our effectiveness and sustainability? In sharing the joys and struggles of generously investing in people and work, Sally will also help us to consider how meaningful connections can bring about greater innovation and deepen our impact in the world.

### CHOOSE **TWO** FROM THE FOLLOWING FIVE **WORKSHOPS**

1. Crafting Your Own Story – Connecting through writing and speaking (with Jennifer Lumsden)
2. The Five Elements of Apology – Reconnecting after messing up (with Tita Cook)
3. Up-front and Personal Confidence – Connecting through voice and body language (with Dale Stevens)
4. Thriving In and After Change – Forging new connections in a new job or a new stage of life (with Nicola Templeton)
5. Prayer and Other Conversations – Connecting with God (with Libby Hore-Lacy)

### REGISTRATION & **PAYMENT**

To assist with planning and catering, **please register and pay** before COB **Monday 17 October 2016**.  
Pay by Visa or Mastercard and select your workshops through the secure facility: [www.trybooking.com/NANU](http://www.trybooking.com/NANU)

### FEEDBACK & **ENQUIRIES**

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For a summary of SFBC aims and objectives, please visit our website [www.soulfoodbreakfastclub.org](http://www.soulfoodbreakfastclub.org)

FOR BUSINESS & PROFESSIONAL **WOMEN**

